

SPORTSMANDENS LØPSKARUSELL 2018

SAMMENLAGT - 5km, 10km og halvmaraton

Plass	NAVN	KLUBB	Totaltid	Aldersklasse	Plass klasse	5KM	10km	21,1KM
MENN								
1	Øystein Høines Larsen	The Beast OCR Team	2.24.02	M23-39	1	18.16	37.32	1.28.14
2	Jørgen Saxegaard	Team Sportsmanden	2.24.49	M50-54	1	19.08	39.00	1.26.41
3	Vidar Ellefsen	Team Sportsmanden	2.29.54	M60-64	1	19.36	40.26	1.29.52
4	Kjell Arne Olsen	Team Sportsmanden/Veldre Friidr.	2.31.22	M55-59	1	19.02	42.21	1.29.59
5	Morten Vestvik	Team Sportsmanden	2.36.57	M50-54	2	20.24	42.13	1.34.20
6	Frode Monsen	Team Sportsmanden	2.41.22	M55-59	2	20.39	42.47	1.37.56
7	Jan Rune Nuland	Team Sportsmanden	2.57.11	M45-49	1	21.47	45.36	1.49.48
8	Peder Guldbjørnsen	Team Sportsmanden	3.15.34	M65-59	1	24.31	51.50	1.59.13
9	Ingar Romslo	IL Fri	3.20.43	M60-64	2	25.33	59.45	1.55.25

KVINNER

				Aldersklasse	Plass klasse	5KM	10km	21,1KM
1	Silje Christiansen	Driv IL	2.28.38	K40-44	1	19.03	40.01	1.29.34
2	Inger Johanne Klokset	Team Sportsmanden	2.53.35	K50-54	1	22.15	47.03	1.44.17
3	Merete Bolin	Team Sportsmanden	2.56.32	K50-54	2	22.57	47.34	1.46.01
4	Anine Hegre	Team Sportsmanden	3.04.49	K23-39	1	20.15	48.14	1.56.20
5	Hege Bakken	Team Sportsmanden	3.59.48	K23-39	2	32.39	1.02.52	2.24.17

SPORTSMANDENS LØPSKARUSELL 2018

5 KM Totalt - 5km

MENN

Rang. Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	Plass Klass	Dato
1	Roger Thompson	Driv IL/Team Sportsmanden	16.41	1	M40-44	1	02.jun
2	Roger Thompson	Driv IL/Team Sportsmanden	16.48		M40-44		15.apr
3	Roger Thompson	Driv IL/Team Sportsmanden	16.48		M40-44		26.sep
4	Marius Borger	Team Sportsmanden	17.31	2	M23-39	1	24.mai
5	Steffan Aasli	Driv IL/Team Sportsmanden	18.07	3	M23-39	2	26.sep
6	Mads Berge	Team Sportsmanden	18.09	4	M23-39	3	28.mai
7	Øystein Høines Larsen	The Beast OCR Team	18.16	5	M23-39	4	06.des
8	Steffan Aasli	Driv IL/Team Sportsmanden	18.18		M23-39		17.mar
9	Øystein Høines Larsen	The Beast OCR Team	18.20		M23-39		30.mai
10	Øystein Høines Larsen	The Beast OCR Team	18.47		M23-39		06.mar
11	Kjell Arne Olsen	Team Sportsmanden/Veldre Friidre	19.02	6	M55-59	1	23.aug
12	Jørgen Saxegaard	Team Sportsmanden	19.08	7	M50-54	1	29.mai
13	Karsten Ladstein	Team Sportsmanden	19.13	8	G15	1	10.mar
14	Kjell Arne Olsen	Team Sportsmanden/Veldre Friidret	19.28		M55-59		08.jul
15	Vidar Ellefsen	Team Sportsmanden	19.36	9	M60-64	1	09.okt
16	Karsten Ladstein	Team Sportsmanden	19.42		G15		12.jul
17	Jørgen Saxegaard	Team Sportsmanden	20.04		M50-54		11.nov
18	Kenneth Dæhlen	RULK/Team Sportsmanden	20.18	10	M40-44	2	13.mar
19	Morten Vestvik	Team Sportsmanden	20.24	11	M50-54	2	17.sep
20	Frode Monsen	Team Sportsmanden	20.39	12	M55-59	2	08.jul
21	Frode Monsen	Team Sportsmanden	20.41		M55-59		27.okt
22	Frode Monsen	Team Sportsmanden	20.50		M55-59		11.mar
23	Morten Vestvik	Team Sportsmanden	20.50		M50-54		27.mar
24	Morten Vestvik	Team Sportsmanden	20.53		M50-54		11.jul
25	Frode Monsen	Team Sportsmanden	20.58		M55-59		08.sep
26	Frode Monsen	Team Sportsmanden	21.17		M55-59		01.mai
27	Jan Rune Nuland	Team Sportsmanden	21.47	13	M45-49	1	16.jun
28	Jan Rune Nuland	Team Sportsmanden	21.48		M45-49		28.mai
29	Morten Vestvik	Team Sportsmanden	22.04		M50-54		06.mar
30	Hans-Jørgen Lund	Team Sportsmanden	22.08	14	M50-54	3	02.apr
31	Jan Rune Nuland	Team Sportsmanden	22.08		M45-49		26.nov
32	Jan Rune Nuland	Team Sportsmanden	22.29		M45-49		04.apr
33	Jan Rune Nuland	Team Sportsmanden	22.33		M45-49		01.mar

34	Jan Rune Nuland	Team Sportsmanden	22.39		M45-49		08.okt
35	Jan Rune Nuland	Team Sportsmanden	22.52		M45-49		16.sep
36	Jan Rune Nuland	Team Sportsmanden	22.55		M45-49		30.aug
37	Jan Rune Nuland	Team Sportsmanden	22.56		M45-49		11.okt
38	Jan Rune Nuland	Team Sportsmanden	23.12		M45-49		10.nov
39	Jan Rune Nuland	Team Sportsmanden	23.27		M45-49		09.sep
40	Jan Rune Nuland	Team Sportsmanden	23.30		M45-49		09.nov
41	Jan Rune Nuland	Team Sportsmanden	23.31		M45-49		29.nov
42	Jan Rune Nuland	Team Sportsmanden	24.15		M45-49		23.jul
43	Peder Guldbjørnsen	Team Sportsmanden	24.31	15	M65-59	1	12.okt
44	Frode Monsen	Team Sportsmanden	24.34		M55-59		31.mai
45	Peder Guldbjørnsen	Team Sportsmanden	24.54		M65-59		12.nov
46	Peder Guldbjørnsen	Team Sportsmanden	25.02		M65-59		07.okt
47	Ingar Romslo	IL Fri	25.33	16	M60-64	2	18.nov
48	Ingar Romslo	IL Fri	25.38		M60-64		29.okt
49	Peder Guldbjørnsen	Team Sportsmanden	26.20		M65-59		03.okt
50	Peder Guldbjørnsen	Team Sportsmanden	26.37		M65-59		17.apr
51	Peder Guldbjørnsen	Team Sportsmanden	26.38		M65-59		14.sep
52	Peder Guldbjørnsen	Team Sportsmanden	26.38		M65-59		14.sep
53	Ingar Romslo	IL Fri	27.02		M60-64		28.apr
54	Ingar Romslo	IL Fri	27.07		M60-64		22.mai
55	Ingar Romslo	IL Fri	27.14		M60-64		17.aug
56	Peder Guldbjørnsen	Team Sportsmanden	27.26		M65-59		18.mai
57	Peder Guldbjørnsen	Team Sportsmanden	27.27		M65-59		23.mar
58	Peder Guldbjørnsen	Team Sportsmanden	27.47		M65-59		25.apr
59	Ingar Romslo	IL Fri	27.59		M60-64		21.mar
60	Ingar Romslo	IL Fri	28.05		M60-64		03.sep

5 KM Totalt - 5km

KVINNER

Rang.	Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	'lass Klass	Dato
1		Silje Christiansen	Driv IL	19.03	1	K40-44	1	06.jul
2		Silje Christiansen	Driv IL	19.34		K40-44		31.mai
3		Anine Hegre	Team Sportsmanden	20.15	2	K23-39	1	29.aug
4		Inger Johanne Klokset	Team Sportsmanden	22.15	3	K50-54	1	13.jun
5		Merete Bolin	Team Sportsmanden	22.57	4	K50-54	2	02.apr
6		Inger Johanne Klokset	Team Sportsmanden	23.00		K50-54		27.mar
7		Inger Johanne Klokset	Team Sportsmanden	23.08		K50-54		09.mar
8		Inger Johanne Klokset	Team Sportsmanden	24.09		K50-54		29.jun
9		Hege Bakken	Team Sportsmanden	32.39	5	K23-39	2	18.mar
10		Silje Christiansen	Driv IL	19.40		K40-44		26.nov
11		Anine Hegre	Team Sportsmanden	20.32		K23-39		17.sep
12		Inger Johanne Klokset	Team Sportsmanden	22.33		K50-54		18.nov
13		Inger Johanne Klokset	Team Sportsmanden	22.40		K50-54		13.sep
14		Merete Bolin	Team Sportsmanden	23.09		K50-54		06.nov
15		Merete Bolin	Team Sportsmanden	23.15		K50-54		06.des

SPORTSMANDENS LØPSKARUSELL 2018

10 KM Totalt - 10 km

MENN

Rang.	Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	'lass Klass	Dato
MENN								
1		Marius Borger	Team Sportsmanden	37.29	1	M23-39	1	13.apr
2		Øystein Høines Larsen	The Beast OCR Team	37.32	2	M23-39	2	03.mar
3		Jørgen Saxegaard	Team Sportsmanden	39.00	3	M50-54	1	04.nov
4		Jørgen Saxegaard	Team Sportsmanden	40.01		M50-54		28.mai
5		Lasse Sørland	Team Sportsmanden	40.21	4	M50-54	2	12.jun
6		Vidar Ellefsen	Team Sportsmanden	40.26	5	M60-64	1	17.okt
7		Morten Vestvik	Team Sportsmanden	42.13	6	M50-54	3	14.apr
8		Kjell Arne Olsen	Team Sportsmanden/Veldre Friidre	42.21	7	M55-59	1	19.jul
9		Frode Monsen	Team Sportsmanden	42.47	8	M55-59	2	27.apr
10		Frode Monsen	Team Sportsmanden	43.08		M55-59		28.nov

11	Morten Vestvik	Team Sportsmanden	44.18		M50-54		03.sep
12	Frode Monsen	Team Sportsmanden	45.15		M55-59		23.jun
13	Jan Rune Nuland	Team Sportsmanden	45.36	9	M45-49	1	18.jun
14	Jan Rune Nuland	Team Sportsmanden	46.57		M45-49		30.nov
15	Jan Rune Nuland	Team Sportsmanden	47.28		M45-49		01.jul
16	Morten Vestvik	Team Sportsmanden	47.38		M50-54		30.jun
17	Jan Rune Nuland	Team Sportsmanden	47.45		M45-49		13.okt
18	Jan Rune Nuland	Team Sportsmanden	47.47		M45-49		08.apr
19	Jan Rune Nuland	Team Sportsmanden	47.51		M45-49		03.mar
20	Jan Rune Nuland	Team Sportsmanden	47.51		M45-49		10.sep
21	Morten Vestvik	Team Sportsmanden	48.02		M50-54		11.aug
22	Jan Rune Nuland	Team Sportsmanden	48.49		M45-49		06.des
23	Jan Rune Nuland	Team Sportsmanden	48.53		M45-50		13.nov
24	Jan Rune Nuland	Team Sportsmanden	49.15		M45-49		21.jul
25	Jan Rune Nuland	Team Sportsmanden	50.10		M45-49		19.mai
26	Jan Rune Nuland	Team Sportsmanden	50.19		M45-49		25.jul
27	Henning Johnsen	Haugesund triathlon/Team Merida	50.57	10	M40-44	1	15.jun
28	Jan Rune Nuland	Team Sportsmanden	51.02		M45-49		29.sep
29	Jan Rune Nuland	Team Sportsmanden	51.41		M45-49		25.nov
30	Peder Guldbjørnsen	Team Sportsmanden	51.50	11	M65-59	1	16.sep
31	Peder Guldbjørnsen	Team Sportsmanden	52.09		M65-59		16.nov
32	Jan Rune Nuland	Team Sportsmanden	52.51		M45-49		20.sep
33	Peder Guldbjørnsen	Team Sportsmanden	53.12		M65-59		07.okt
34	Arvid Mathiesen	Team Sportsmanden	53.33	12	M50-54	4	06.apr
35	Arvid Mathiesen	Team Sportsmanden	54.02		M50-54		05.jul
36	Jan Rune Nuland	Team Sportsmanden	54.12		M45-49		28.jul
37	Peder Guldbjørnsen	Team Sportsmanden	54.22		M65-59		02.des
38	Peder Guldbjørnsen	Team Sportsmanden	54.29		M65-59		06.des
39	Arvid Mathiesen	Team Sportsmanden	54.32		M50-54		05.okt
40	Peder Guldbjørnsen	Team Sportsmanden	54.51		M65-59		25.nov
41	Arvid Mathiesen	Team Sportsmanden	56.05		M50-54		15.nov
42	Peder Guldbjørnsen	Team Sportsmanden	56.22		M65-59		04.nov
43	Peder Guldbjørnsen	Team Sportsmanden	56.47		M65-59		20.apr
44	Ingar Romslo	IL Fri	58.18	13	M60-64	2	03.aug
45	Peder Guldbjørnsen	Team Sportsmanden	58.41		M65-59		18.apr
46	Arvid Mathiesen	Team Sportsmanden	58.48		M50-54		01.mar
47	Peder Guldbjørnsen	Team Sportsmanden	58.52		M65-59		15.apr
48	Peder Guldbjørnsen	Team Sportsmanden	58.57		M65-59		10.apr
49	Ingar Romslo	IL Fri	59.45		M60-64		08.mar
50	Ingar Romslo	IL Fri	60.53		M60-64		01.jul
51	Ingar Romslo	IL Fri	63.39		M60-64		03.nov
52	Arvid Mathiesen	Team Sportsmanden	66.26		M50-55		20.nov
53	Arvid Mathiesen	Team Sportsmanden	69.19		M50-54		08.mar
54	Arvid Mathiesen	Team Sportsmanden	75.18		M50-54		05.jul

10 KM Totalt - 10 km

KVINNER

Rang.	Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	Plass Klass	Dato
1		Silje Christiansen	Driv IL	40.01	1	K40-44	1	06.apr
2		Silje Christiansen	Driv IL	40.40		K40-44		19.nov
3		Silje Christiansen	Driv IL	40.53		K40-44		29.aug
4		Inger Johanne Klokset	Team Sportsmanden	47.03	2	K50-54	1	24.aug
5		Inger Johanne Klokset	Team Sportsmanden	47.06		K50-54		02.sep
6		Merete Bolin	Team Sportsmanden	47.34	3	K50-54	2	13.apr
7		Merete Bolin	Team Sportsmanden	47.44		K50-54		26.okt
8		Inger Johanne Klokset	Team Sportsmanden	47.54		K50-54		24.okt
9		Inger Johanne Klokset	Team Sportsmanden	48.01		K50-54		11.aug
10		Inger Johanne Klokset	Team Sportsmanden	48.14		K50-54		17.jun
11		Anine Hegre	Team Sportsmanden	48.14	4	K23-39	1	01.okt
12		Merete Bolin	Team Sportsmanden	49.09		K50-54		25.aug
13		Inger Johanne Klokset	Team Sportsmanden	49.56		K50-54		28.nov
14		Inger Johanne Klokset	Team Sportsmanden	51.41		K50-54		07.aug
15		Inger Johanne Klokset	Team Sportsmanden	52.11		K50-54		17.mai
16		Inger Johanne Klokset	Team Sportsmanden	52.31		K50-54		08.jul
17		Inger Johanne Klokset	Team Sportsmanden	53.57		K50-54		28.mai

18	Inger Johanne Klokset	Team Sportsmanden	54.06		K50-54		13.apr
19	Inger Johanne Klokset	Team Sportsmanden	54.40		K50-54		18.jul
20	Hege Bakken	Team Sportsmanden	62.52	4	K23-39	2	18.apr

SPORTSMANDENS LØPSKARUSELL 2018

21,1 KM Totalt - Halvmaraton

MENN

Rang. Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	'lass Klass	Dato
MENN							
1	Mads Berge	Team Sportsmanden	1.25.19	1	M23-39	1	07.okt
2	Jørgen Saxegaard	Team Sportsmanden	1.26.41	2	M50-54	1	24.nov
3	Øystein Høines Larsen	The Beast OCR Team	1.28.14	3	M23-39	2	08.apr
4	Jørgen Saxegaard	Team Sportsmanden	1.28.53		M50-54		25.mar
5	Kenneth Dæhlien	Team Sportsmanden	1.28.55	4	M40-44	1	18.okt
6	Vidar Ellefsen	Team Sportsmanden	1.29.52	5	M60-64	1	13.okt
7	Kjell Arne Olsen	Team Sportsmanden/Veldre Friidre	1.29.59	6	M55-59	1	24.jun
8	Kjell Arne Olsen	Team Sportsmanden/Veldre Friidret	1.30.21		M55-59		28.apr
9	Morten Vestvik	Team Sportsmanden	1.34.20	7	M50-54	2	30.mar
10	Morten Vestvik	Team Sportsmanden	1.34.47		M50-54		07.nov
11	Vidar Ellefsen	Team Sportsmanden	1.34.57		M60-64		10.nov
12	Mads Berge	Team Sportsmanden	1.37.42		M23-39		11.okt
13	Rolf Gran	Team Sportsmanden	1.37.46	8	M50-54	3	28.mar
14	Frode Monsen	Team Sportsmanden	1.37.56	9	M55-59	2	04.nov
15	Frode Monsen	Team Sportsmanden	1.38.35		M55-59		27.mar
16	Morten Vestvik	Team Sportsmanden	1.41.55		M50-54		26.jul
17	Frode Monsen	Team Sportsmanden	1.43.40		M55-59		31.aug
18	Morten Vestvik	Team Sportsmanden	1.47.49		M50-54		28.okt
19	Stein Paulsen	Team Sportsmanden	1.48.25	10	M55-59	3	14.okt
20	Jan Rune Nuland	Team Sportsmanden	1.49.48	11	M45-49	1	25.jun
21	Jan Rune Nuland	Team Sportsmanden	1.50.12		M45-49		05.aug
22	Jan Rune Nuland	Team Sportsmanden	1.52.22		M45-49		17.sep
23	Jan Rune Nuland	Team Sportsmanden	1.52.25		M45-49		12.mar
24	Jan Rune Nuland	Team Sportsmanden	1.52.40		M45-49		19.aug
25	Ingar Romslo	IL Fri	1.55.25	12	M60-64	2	24.nov
26	Peder Guldbjørnsen	Team Sportsmanden	1.59.13	13	M65-59	1	05.nov
27	Arvid Mathiesen	Team Sportsmanden	2.00.33	14	M50-54	4	03.mai
28	Arvid Mathiesen	Team Sportsmanden	2.04.11		M50-55		22.nov
29	Ingar Romslo	IL Fri	2.04.54		M60-64		05.apr
30	Ingar Romslo	IL Fri	2.05.04		M60-64		18.okt
31	Arvid Mathiesen	Team Sportsmanden	2.10.44		M50-54		16.aug
32	Arvid Mathiesen	Team Sportsmanden	2.12.22		M50-54		14.jun
33	Arvid Mathiesen	Team Sportsmanden	2.26.10		M50-54		19.apr

SPORTSMANDENS LØPSKARUSELL 2018

21,1 KM Totalt - Halvmaraton

KVINNER

Rang. Alle løp	NAVN	KLUBB	TID	Plass kjønn	KLASSE	'lass Klass	Dato
1	Silje Christiansen	Driv IL	1.29.34	1	K40-44	1	09.sep
2	Silje Christiansen	Driv IL	1.30.30		K40-44		30.mai
3	Silje Christiansen	Driv IL	1.33.29		K40-44		19.jul
4	Inger Johanne Klokset	Team Sportsmanden	1.44.17	2	K50-55	1	13.nov
5	Merete Bolin	Team Sportsmanden	1.46.01	3	K50-54	2	15.sep
6	Merete Bolin	Team Sportsmanden	1.51.27		K50-54		07.apr
7	Inger Johanne Klokset	Team Sportsmanden	1.53.04		K50-54		25.mar
8	Inger Johanne Klokset	Team Sportsmanden	1.53.18		K50-54		19.aug
9	Merete Bolin	Team Sportsmanden	1.55.05		K50-54		21.jul
10	Anine Hegre	Team Sportsmanden	1.56.20	4	K23-39	1	28.sep
11	Inger Johanne Klokset	Team Sportsmanden	2.04.50		K50-54		28.okt
12	Hege Bakken	Team Sportsmanden	2.24.17	5	K23-39	2	27.apr